



Present status of supportive and palliative care in Belgium

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On behalf the BSMO supportive taskforce



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Definition of supportive care

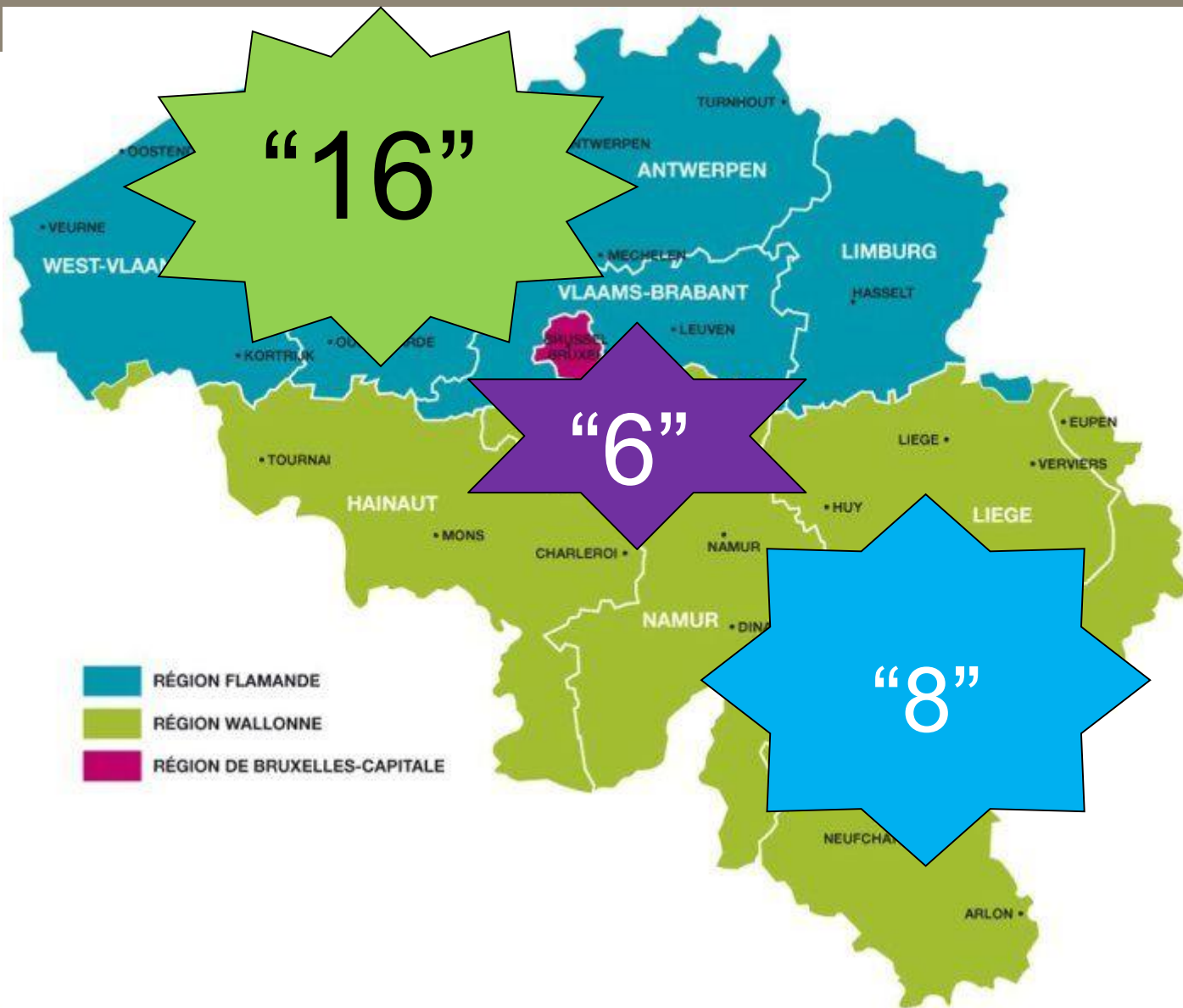
- “all care and support necessary for cancer patients throughout their illness, during their diagnostic, treatment or follow-up phases encompassing also issues of health promotion and prevention”
- “Also called comfort care, palliative care and symptom management”

The 31 point questionnaire(1)

- Institute details
- Patient management
 - Symptoms, geriatric score, PRO'S
- Do you have a dedicated team for supportive care(SC) different from palliative care?
- Do you have a pain management team?
- Do you have a home care team for SC?

The 31-point questionnaire (2)

- Is there a specific ICU or ER for cancer patients?
- Is there a specific SC unit for inpatients and outpatients available?
- What kind of CAM is offered to SC patients?
- Reference guidelines
- Interest and expectations from the BSMO supportive Task Force



- ASZ (Aalst)
- AZ Groeninge (Kortrijk)*
- AZ Klina (Brasschaat)*
- AZ Sint Jan (Brugge Oostende)
- AZ Sint-Jozef (Malle)
- AZ Sint-Lukas (Ghent)
- AZ Sint-Niklaas
- AZ Vesalius (Tongeren)
- H. Hartziekenhuis Lier**Imeldaziekenhuis (Bonheiden)**
- Jessa Ziekenhuis (Hasselt)*
- Sint-Franciscusziekenhuis (Heusden-Zolder)
- St-Trudo Ziekenhuis (Sint-Truiden)
- ZOL Genk
- UZ Leuven en UZ Ghent

- CHU St-Pierre
- Institut Jules Bordet*
- IRIS-Sud (Hôpital Molière)**
- UZ Brussel*
- CHU Brugmann**
- Erasme**

- CHWAPI (Tournai)
- Clinique St-Pierre (Ottignies)**
- Grand Hôpital de Charleroi*
- Cliniques Universitaires Saint-Luc
- CHU Ambroise Paré
- CHU Charleroi**
- CHU UCL Ste-Elisabeth (Namur)

To be received:

- EpiCURA (Ath-Baudour-Hornu)

- *Member of the BSMO Supp Care Taskforce
- ** wishing to take part in the BSMO SCTF

Key messages from the observational study

BSMO SUPPORTIVE TASKFORCE

Patient management

Flanders (16)	doctor	Onco nurse	admission	GP	Yes	NO	painteam
AE G1-2	9	7					
AE G3-4	2		14				
Pain > 5/10	3		3	2			11
Confusion, delirium, psychiatric C	5		6	5			
Do you use Geriatric Sc?					7	9	
Do you use PRO's?					6	10	

Patient management

Brussels wallonia	doctor	Onco nurse	admission	GP	yes	no	painteam
AE G1-2	9	3		1			
AE G3-4	4		9				
Pain 5/10	4	2					7
Confusion, delirium, psychiatric C	5		8				
Do you use Geriatric Score					10	3	
Do you use PRO's					6	5	

Available services

	Flanders(16)	Brussels(6)	Wallonia(8)	Total
Daycare (SC)	12(75%)	2(33%)	5(62,5%)	19(63%)
In-patient SC unit	10(62,5%)	6(100%)	6(75%)	22(73%)
SC for outpatients	11(69%)	3(50%)	6(75%)	20(67%)
Emergency room	15(94%)	5(83%)	4(50%)	24(80%)
Intensive care unit	14(87,5%)	5(83%)	4(50%)	23(77%)
Geriatric section	14(87,5%)	5(83%)	5(62,5%)	24(80%)
Infectious disease unit	8(50%)	6(100%)	2(25%)	16(53%)

Available services: supportive care

	Flanders(16)	Brussels(6)	Wallonia(8)
MDT for SC different from PC	8(50%)	2(33%)	2(22%)
Dedicated structure for SC	7(44%)	3(50%)	4(44%)
Dedicated SCU for in-pts	8(50%)	4(60%)	4(44%)
Dedicated facility for SC for out-pts	5(31%)	3(50%)	4(44%)
Home care team for SC	6(37,5%)	2(33%)	1(11%)

Available services

	Flanders(16)	Brussels(6)	Wallonia(8)
Psychological support service	16(100%)	6(100%)	8(100%)
Rehabilitation service	16(100%)	6(100%)	8(100%)
Laser therapy	13(81%)	3(50%)	5(67%)
Nutrition support	15(94%)	5(83%)	6(67%)

Supportive care: teaching and research

	Flanders(16)	Brussels(6)	Wallonia(8)
Research in SC and EOL care	4(25%)	2(33%)	3(37,5%)
Teaching in SC and EOL care	12(75%)	6(100%)	7(87,5%)
Is there an opportunity to participate in external teaching program?	15(94%)	6(100%)	5(62,5%)

The use of comfort therapy

	Flanders(16)	Brussels(6)	Wallonia(8)
Mindfulness	10(62,5)	3(50%)	6(67%)
Massage	11(69%)	5(83%)	8(89%)
Aromatherapy	2(12,5%)	1(17%)	3(33%)
Beauty care	5(31,2%)	2(33%)	4(44%)
yoga	4(25%)		2(22%)
EFT	1(6%)		
Creative programs	1(6%)	1(17%)	1(11%)
Relaxing with peers	1(6%)		

The use of comfort therapy

	Flanders(16)	Brussels(6)	Wallonia(8)
Martial arts		2(33%)	1(11%)
Hypnotherapy		1(17%)	6(67%)
Sports			2(22%)
Snoezelen		2(33%)	
Fascia therapy			1(11%)
Sophrology			1(11%)
Music	1(6%)		1(11%)
Ergotherapy		1(17%)	
Reiki			1(11%)
Physiotherapy		1(17%)	

Supportive: guidelines

	Flanders(16)	Brussels(6)	Wallonia(8)
Chemotherapy induced N/V	13 (81%)	4 (67%)	4 (50%)
TE prophylaxis	12 (92%)	4 (67%)	2 (25%)
Bone metastases	11 (69%)	4 (67%)	1 (12,5%)
Febrile neutropenia	13 (81%)	4 (67%)	3 (37,5%)
Pain	13 (81%)	4 (67%)	2 (25%)
Oral mucositis	12 (92%)	4 (67%)	2 (25%)
Immuno-related toxicities	11 (69%)	4 (67%)	2 (25%)
Fatigue	8 (50%)	4 (67%)	1 (12,5%)
Cahexia	10 (62,5)	4 (67%)	1 (12,5%)
Vaccination	5 (31%)	3 (50%)	1 (12,5%)

Supportive care study: conclusions

- Dedicated structures for SC: how to define?
- There is a lack of dedicated structures for SC in Belgium
- There is a high need for research in SC and EOL
- Integrative medicine is underused in Belgium

Ambitions of the BSMO SCTF

- Set-up guidelines and to perform studies
- To share experiences
- To educate and organize congresses
- To collaborate with experts at international level
- To lobby towards authorities for better financing

Meeting BSMO SCTF 15/02/2020

- To perform a second survey with the goal to better define SC and dedicated units for SC
- To adapt the reference guidelines to the Belgian situation (Van Ryckegem, Baert, Lamot)
- To create recommendations and to present at the 3th post MASCC